

Benefits Questions?

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- Plan details and costs
- Contact information
- Plan documents

[benchling.mybenefits.life](https://www.benchling.mybenefits.life)

Contact your Alliant Benefit Advocate

- General benefit questions
- Help with claims and appeals
- Prescription problems
- Questions covering HSA, FSA and HRA accounts
- Enrollment and eligibility questions
- COBRA inquiries



5 a.m.–5 p.m. (Pacific Time)
Monday–Friday
(800) 489-1390
benefitsupport@alliant.com



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